



JOIN GIRLS ON THE RUN!

If you want to run and make new friends, sign-up for Girls on the Run! You'll get to play games while you talk about things that are important to you like friendship, bullying and celebrating what makes you unique. At the end of the season, you'll get to run, walk or hop across the finish line at the Girls on the Run 5k with your coaches and teammates!

(see reverse for details about Girls on the Run at YOUR school)

For more information about Girls on the Run visit:

www.gotrlehighvalley.org



Parkway Manor Elementary School

Program Dates: March 12 – May 30, 2019

Days: Tuesdays & Thursdays

Time: 3:30-5:00pm

5k: Thursday, May 30th, 6:00pm race start

Participants MUST be able to attend both days to be part of the program.

Girls on the Run at Parkway Manor is open to girls in 4th & 5th grade.

Register online 2/1-3/1 at: www.gotrlhighvalley.org

Registration Fees:

Registration fees are based on household income.

GOTR Lehigh Valley will not turn away any participant based on lack of ability to cover fees. Fees are automatically adjusted during the registration process.

Household Income	Program Fee
\$80,001 +	\$155
\$50,001-\$80,000	\$125
\$40,001-\$50,000	\$100
\$30,001 – \$40,000	\$75
\$20,001 – \$30,000	\$25
Under \$20,000	\$10

Questions? Contact Liz Fones, GOTR Program Manager, fones@diakon.org, 610-533-1141

Don't miss out – Girls on the Run is

SO MUCH FUN!!!

learn. dream. live. *run.* TM